



# **Express Train**

## *Electronic Radio Dog Training Collar*



**OPERATING INSTRUCTIONS**

## **Product Safety Statements**

### **Proper Collar Use:**

*Express Train Radio Electronic Dog Training Collars are intended for the sole purpose of behavior modification in dogs and should be used according to manufacturer's instructions. High Tech Pet Products, Inc. does not assume any liability for the improper use of an Express Train Radio Electronic Dog Training Collar.*

### **Proper Fit:**

*A loose fit can allow the collar to move around on the dog's neck. When this happens, the contact points may rub the skin and cause irritation. If the unit is too loose, the contact points will not make proper contact and your dog will not receive consistent stimulation. For proper collar fit, please see page 8.*

**Skin Conditions:** *A small percentage of dogs may experience a skin condition called **pressure necrosis**, also known as contact dermatitis, caused by the pressure of the two probes against the same place on the dog's neck for an extended period of time. This condition causes an infection, creating irritation and sores. We recommend you check your dog's neck often to ensure that no such condition is evident. If your dog has a history of sensitive skin, eczema, skin allergies or rashes we recommend that you do not use an electronic fence collar to contain an animal. If you do observe a skin irritation, take your dog to a veterinarian who may prescribe a local ointment to clear up the condition. Bear in mind that it is not possible for the shock stimulus emitted by the Express Train collar to directly damage your pet's skin. The electrical current output is simply too low to cause burning, or any other type of cellular, skin or organ damage. The stimulus excites nerve receptors only.*

**Neurological Conditions:** *In extremely rare cases, animals may have neurological disorders such as epilepsy. You should be certain that your dog does not suffer from such a disease before using any type of sonic, or shock stimulus training collar. Also, make sure that your dog does not suffer from heart disease or any other chronic condition and be assured that your pet is in generally good health before using this product.*

***Please read this manual before operating your system, and keep it for future reference.***

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## *Included in This Package*



*Hand-held Transmitter*



*Rechargeable Receiver Collar*



*Transmitter Antenna*



*ET-1 Dual Charger*

*(The charger has two plugs, one to charge the collar and one to charge the transmitter.)*



*Small Prongs*

## ***Before You Start***

*Make sure all items listed on "Included in This Package" page are in your package contents. If any of the items are missing, call the High Tech Pet customer service department at: 1 (800) 255-1279.*

*After verifying that all items are complete, do the following.*

- 1. Attach the antenna to the transmitter by screwing it into the top.*
- 2. Unscrew the 2 small screws on the front of the receiver collar to expose the panel.*
- 3. If you have a small or very short haired dog, unscrew the large prongs on the collar and replace them with the small prongs included in your kit.*

*You are now ready to program your Express Train™.*

# Overview of Main Features

## HAND HELD RADIO TRANSMITTER



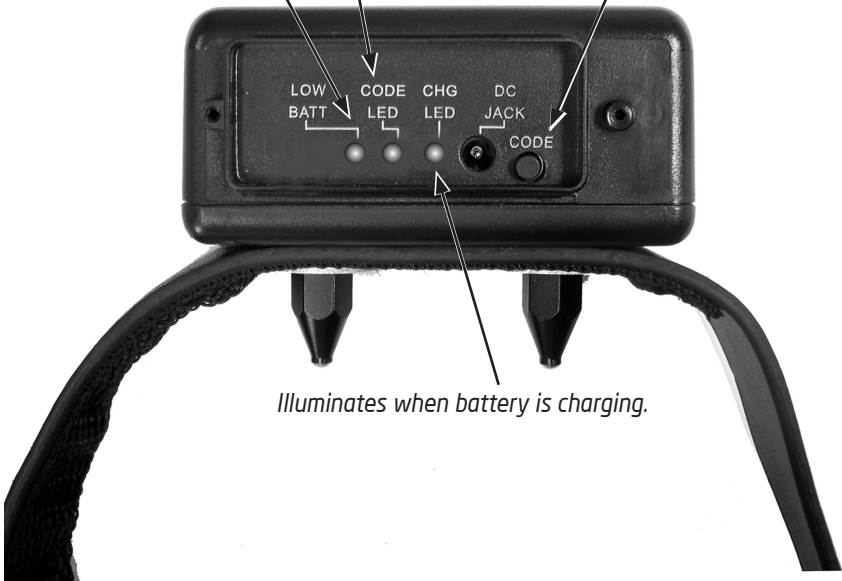
# Overview of Main Features

## RECEIVER COLLAR

Blinks when power is **ON**. Off when power is **OFF**. Also used in programming dog number.

Blinks when battery is low.

Depress to turn **ON**. Depress to turn **OFF**. Also used in programming dog number. (See page 8)



Illuminates when battery is charging.

## **Turning ON/OFF the Transmitter**

The Transmitter automatically turns **ON** and **OFF** when you press any button.

## **Turning ON/OFF the Collar**

Press the **CODE** button to turn **ON** or turn **OFF** the Collar. The **ON** code LED flashes when the Collar is **ON**.

## **How to Program Your Express Train**

You must first program the collar to be Dog 1, Dog 2, or Dog 3, as follows. This allows one transmitter to control up to three different dog collars.

1. Turn **OFF** the collar by pressing the **CODE** button until the **CODE** LED is off.
2. Using both hands, simultaneously press and hold one Dog button (either 1, 2, or 3) on the transmitter and press and hold the **CODE** button on the collar.
3. Keep both buttons pressed for about 5 seconds until the **CODE** LED on the collar turns **OFF** and the collar beeps.
4. If the collar does not beep, repeat steps 1 through 3.

*Note: If you have additional collars, repeat the sequence above using a different Dog Number button. Keep track of which collar is associated with each dog number. We suggest color coding the collars with colored tape or rubber bands around the strap.*

*If a collar ever stops responding to the transmitter, repeat the programming steps 1 - 4 above.*

## **How to Select Dog 1, 2, or 3 For Training**

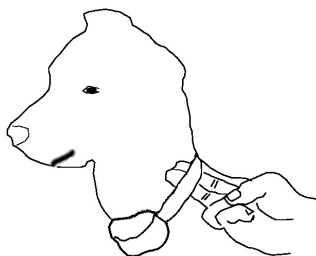
On the transmitter select the dog number to train by pressing that button once. Thereafter, until the collar battery is completely discharged, all commands will be sent to that one collar. Press a different dog number when you want to start sending commands to a different collar.

*Suggestion: Before starting a new training session, press the Dog button (1, 2, or 3) to make sure you are sending commands to the desired collar.*



## **How to Fit the Express Train Collar on Your Dog**

The best location for the receiver box is straddling the dog's windpipe. The collar should be fitted on the dog's throat so that the contact points press firmly against the dog's skin. When properly fitted, you should be able to fit a finger or two snugly in between the contact points and your dog's skin, and the receiver/collar should not move on the dog. A loose fit can allow the receiver/collar to move around on the dog's neck, resulting in inconsistent stimulus. If the collar is too tight, the contact points may rub the skin and cause irritation, inflammation, or infection.



## **How to Express Train Your Dog to Commands**

Place the collar on the dog and make sure the fit is snug enough that the prongs are touching the dog's skin, but not so snug as to irritate the dog's neck.

**NOTE:** Unlike most training collars manufactured by other pet companies, that use negative reinforcement to train your dog, the High Tech Pet Express Train uses positive reinforcement, in addition to corrective stimulus, for the most comprehensive dog training. Buttons 1 through 3 are positive reinforcement tones that are not aggravating to your dog. Your dog will soon associate each button with the command that you used while pressing that particular button.

Assign each tone button to the command that you wish your dog to associate with that particular tone. For instance, if you have assigned "Tone 1 to the "Sit" command, while commanding your dog to "Sit", you will also depress Tone button 1.

Repeat this with each tone button and command that you wish to teach your dog. Keep your command associations consistent and do not associate a new command with a particular tone until your dog has reliably learned the original command.

## **How to Eliminate Negative Dog Behavior**

Your High Tech Pet Express Train has 4 stimulus levels, 1 being the lowest and 4 being the highest.

When your dog exhibits negative behavior, such as digging, for instance, use the negative tone #4 (which is distinct from the 3 positive tones) while sharply commanding your dog "NO!" or "STOP!" If the unwanted behavior continues, activate shock level 1 for a short time (about 1/2 second). If level 1 does not cause your dog to cease the undesirable behavior, progress to the more intense shock levels 2-4, while still commanding the dog with authority.

Some dangerous behaviors may require a higher "Shock" level to get the dog's attention, such as chasing the cat or the mailman. You may need to go as high as "Shock" level 4 for certain negative activities such as these.

### **Charging the Transmitter**

When the battery is low, the LOW BATT light will illuminate. When this happens:

1. Plug the charger into a standard AC wall outlet.
2. Remove the rubber protector over the DC Charging Receptacle and insert one of the charger's plugs into the Receptacle. The CHRG LED will illuminate.
3. When charging is completed the CHRG LED will automatically extinguish. Disconnect the charging plug from the transmitter.
4. Place the rubber protector back over the DC Charging Receptacle to eliminate dirt getting into the transmitter.

### **Charging the Collar**

When the battery is low, the LOW BATT light will illuminate. When this happens:

1. Plug the charger into a standard AC wall outlet.
2. Insert one of the charging plugs into the collar receptacle marked DC JACK. The CHRG LED will illuminate.
3. When charging is completed the CHRG LED will automatically extinguish. Disconnect the charging plug from the collar.

**Note:** *The Charger may remain plugged into the AC wall outlet indefinitely. Or you may remove it between charging to conserve a small amount of electricity.*

## **Troubleshooting**

### **1. My dog is not reacting to the collar:**

- *Make sure the receiver is turned **ON** and that you have programmed your collar to the receiver properly.*
- *Make sure the collar strap is tight enough so both contact points are touching the dog's skin.*
- *If your dog's coat is unusually long or thick, you may need to trim down the hair on the dog's neck, so both contact points are touching the skin.*
- *The battery may be low. Check for Low Battery LED and recharge if necessary.*

### **2. The transmitter has no range, or stimulation is less when the dog is farther away.**

- *Make sure your fingers are not touching the antenna as this may cause the range to substantially decrease.*
- *Maximum range for any radio frequency device occurs with flat terrain. Heavy brush, trees, hills or moisture will affect the range of your unit. For best range, hold the transmitter vertically above your head, and/or try moving to higher ground.*
- *Any electrical conductors will affect the range, such as cars, chain-link dog runs, metal buildings, and radio towers. For best results, operate away from these structures.*

### **3. My unit is not holding a charge.**

- *Check to make sure the metal pin inside the charging port is straight and firm in the center and that the pin is not wobbly, broken or missing.*
- *Make sure there is no dirt or debris in the charging port. If there is, clean the dirt out with a cotton swab and some rubbing alcohol.*

## ***Customer Support***

*If your unit is not working properly and you have exhausted all procedures in the troubleshooting guide, contact the High Tech Pet Customer Service at **www.hightechpet.com** or **1 (800) 255-1279**.*



***High Tech Pet Products, Inc.***  
***2476 Palma Drive, Suite A***  
***Ventura, CA 93003***  
***www.hightechpet.com***